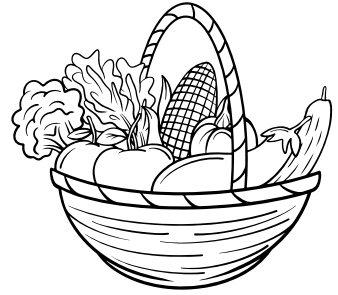


## You Will Need

- Non-toxic Playdough in a range of different colours



## Why do we do this?

Making a playdough vegetable garden is a great task for parents and children to work on together and an opportunity to discuss favourite foods and healthy eating. It encourages the development of fine motor skills, and helps children learn about shapes and colours.

**Step 1** - Assemble non-toxic playdough in a wide range of colours to represent vegetables. If possible, make models as a guide.

**Step 2** - Once all the vegetable models have been made, they can be arranged on a square of brown play dough to represent a vegetable patch.

**Step 3** - Allow parents and children to share which vegetables they are making, what their favourite vegetables are and discuss any vegetables they have never encountered.

